



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Apelt, Linda

Club: Running Gag 1

Number: 181

Course: 9.60 km

Sprint

Category:

Frauen (20-29 Jahre)

Total time: 1:22:42

Speed: 6.53 km/h

Running performance: 8:37 min/km

Rank in course/Total: 389 (of 550)

Rank in course/Women: 86 (of 174)

Best time in course: 53:53

Rank in category: 19(of 53)

Best time in the category: 59:48