



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Mensing, Janine

Club: Ilmenau
Number: 485

Course: 9.60 km
Sprint

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 1:25:57

Speed: 6.28 km/h
Running performance: 8:57 min/km

Rank in course/Total: 428 (of 550)
Rank in course/Women: 106 (of 174)
Best time in course: 53:53

Rank in category: 18(of 30)
Best time in the category: 1:04:32