



Helbing King of Cross  
Mühlberg / 30.10.2016

## Detailed evaluation

**Mensing, Janine**

Club: Ilmenau  
Number: 485

Course: 9.60 km  
Sprint

Category:  
Seniorinnen W35 (35-39 Jahre)

Total time: 1:25:57

Speed: 6.28 km/h  
Running performance: 8:57 min/km

Rank in course/Total: 428 (of 550)  
Rank in course/Women: 106 (of 174)  
Best time in course: 53:53

Rank in category: 18(of 30)  
Best time in the category: 1:04:32