



Helbing King of Cross  
Mühlberg / 30.10.2016

## Detailed evaluation

Allheilig, Martin

Club: Erfurt  
Number: 64

Course: 9.60 km  
Sprint

Category:  
Männer (20-29 Jahre)

Total time: 58:03

Speed: 9.30 km/h  
Running performance: 6:03 min/km

Rank in course/Total: 40 (of 550)

Rank in course/Men: 39 (of 376)

Best time in course: 43:28

Rank in category: 11(of 94)

Best time in the category: 43:28