



Helbing King of Cross  
Mühlberg / 30.10.2016

## Detailed evaluation

**Neidel, Silvio**

Club: Familie Piep  
Number: 1460

Course: 17.60 km  
Expert

Category:  
Senioren M40 (40-44 Jahre)

Total time: 1:54:16

Speed: 8.93 km/h  
Running performance: 6:29 min/km

Rank in course/Total: 146 (of 528)

Rank in course/Men: 138 (of 449)

Best time in course: 1:17:47

Rank in category: 24(of 55)

Best time in the category: 1:23:41