



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Barz, Alexander

Club: 500gr Gehacktes
Number: 244

Course: 9.60 km
Sprint

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:25:17

Speed: 6.33 km/h
Running performance: 8:53 min/km

Rank in course/Total: 418 (of 550)

Rank in course/Men: 317 (of 376)

Best time in course: 43:28

Rank in category: 49(of 59)

Best time in the category: 54:10