



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Mahn, Susen

Club: Train hard with a Smile
Number: 361

Course: 9.60 km
Sprint

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 1:27:08

Speed: 6.20 km/h
Running performance: 9:05 min/km

Rank in course/Total: 430 (of 550)
Rank in course/Women: 108 (of 174)
Best time in course: 53:53

Rank in category: 19(of 30)
Best time in the category: 1:04:32