



Helbing King of Cross  
Mühlberg / 30.10.2016

## Detailed evaluation

**Reiß, Mike**

Club: NightRun Coburg RunningTeam  
Number: 1549

Course: 17.60 km

Expert

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:54:15

Speed: 9.24 km/h

Running performance: 6:29 min/km

Rank in course/Total: 145 (of 528)

Rank in course/Men: 137 (of 449)

Best time in course: 1:17:47

Rank in category: 23(of 55)

Best time in the category: 1:23:41