



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Ritter, Robert

Club: Mühlhausen
Number: 508

Course: 9.60 km
Sprint

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:00:10

Speed: 8.98 km/h
Running performance: 6:16 min/km

Rank in course/Total: 56 (of 550)

Rank in course/Men: 53 (of 376)

Best time in course: 43:28

Rank in category: 7(of 59)

Best time in the category: 54:10