



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Kron, Hendryk

Club: Rostock
Number: 1226

Course: 17.60 km
Expert

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:54:54

Speed: 8.88 km/h
Running performance: 6:32 min/km

Rank in course/Total: 154 (of 528)

Rank in course/Men: 146 (of 449)

Best time in course: 1:17:47

Rank in category: 31(of 97)

Best time in the category: 1:19:26