



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Marx, Silvio

Club: Laufftreff Salomé
Number: 13

Course: 9.60 km
Sprint

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:27:15

Speed: 6.19 km/h
Running performance: 9:05 min/km

Rank in course/Total: 432 (of 550)

Rank in course/Men: 323 (of 376)

Best time in course: 43:28

Rank in category: 50(of 59)

Best time in the category: 54:10