



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Kreller, Wolfram

Club: Logistikkommando der Bundeswehr
Number: 517

Course: 9.60 km
Sprint

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:28:07

Speed: 6.54 km/h
Running performance: 9:11 min/km

Rank in course/Total: 443 (of 550)

Rank in course/Men: 327 (of 376)

Best time in course: 43:28

Rank in category: 12(of 17)

Best time in the category: 48:54