



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Dähne, Edwin

Club: Erdurt

Number: 1326

Course: 17.60 km

Expert

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:54:44

Speed: 8.89 km/h

Running performance: 6:31 min/km

Rank in course/Total: 153 (of 528)

Rank in course/Men: 145 (of 449)

Best time in course: 1:17:47

Rank in category: 30(of 97)

Best time in the category: 1:19:26