



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Köhne, Sebastian

Club: Bad Blankenburg
Number: 545

Course: 9.60 km
Sprint

Category:
Männer (20-29 Jahre)

Total time: 1:25:34

Speed: 6.73 km/h
Running performance: 8:55 min/km

Rank in course/Total: 421 (of 550)

Rank in course/Men: 320 (of 376)

Best time in course: 43:28

Rank in category: 77(of 94)

Best time in the category: 43:28