



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Richter, Antje

Club: HELBING

Number: 421

Course: 9.60 km

Sprint

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 1:25:52

Speed: 6.29 km/h

Running performance: 8:56 min/km

Rank in course/Total: 427 (of 550)

Rank in course/Women: 105 (of 174)

Best time in course: 53:53

Rank in category: 20(of 34)

Best time in the category: 1:01:43