



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Gottschalk, Thilo

Club: HELBING

Number: 424

Course: 9.60 km

Sprint

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:25:51

Speed: 6.29 km/h

Running performance: 8:56 min/km

Rank in course/Total: 426 (of 550)

Rank in course/Men: 322 (of 376)

Best time in course: 43:28

Rank in category: 58(of 74)

Best time in the category: 50:49