



Helbing King of Cross  
Mühlberg / 30.10.2016

## Detailed evaluation

Wieck, Catharina

Club: LINDIG Runners  
Number: 474

Course: 9.60 km  
Sprint

Category:  
Frauen (20-29 Jahre)

Total time: 1:28:13

Speed: 6.12 km/h  
Running performance: 9:11 min/km

Rank in course/Total: 446 (of 550)  
Rank in course/Women: 118 (of 174)  
Best time in course: 53:53

Rank in category: 29(of 53)  
Best time in the category: 59:48