



Helbing King of Cross  
Mühlberg / 30.10.2016

## Detailed evaluation

**Boller, Frank**

Club: Frischling  
Number: 1337

Course: 17.60 km  
Expert

Category:  
Senioren M50 (50-54 Jahre)

Total time: 1:58:19

Speed: 8.62 km/h  
Running performance: 6:43 min/km

Rank in course/Total: 187 (of 528)

Rank in course/Men: 175 (of 449)

Best time in course: 1:17:47

Rank in category: 11(of 28)

Best time in the category: 1:24:41