



Helbing King of Cross  
Mühlberg / 30.10.2016

## Detailed evaluation

**Niederhausen, Tanja**

Club: Laufrausch Rudolstadt  
Number: 1296

Course: 17.60 km

Expert

Category:

Frauen (20-29 Jahre)

Total time: 1:56:38

Speed: 8.75 km/h

Running performance: 6:38 min/km

Rank in course/Total: 168 (of 528)

Rank in course/Women: 10 (of 79)

Best time in course: 1:35:01

Rank in category: 4(of 14)

Best time in the category: 1:40:38