



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Röthig, Karsten

Club: Leipzig
Number: 1562

Course: 17.60 km
Expert

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:57:22

Speed: 9.00 km/h
Running performance: 6:40 min/km

Rank in course/Total: 177 (of 528)

Rank in course/Men: 166 (of 449)

Best time in course: 1:17:47

Rank in category: 36(of 97)

Best time in the category: 1:19:26