



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Töppler, Jörg

Number: 628

Course: 9.60 km
Sprint

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:29:52

Speed: 6.41 km/h

Running performance: 9:22 min/km

Rank in course/Total: 457 (of 550)

Rank in course/Men: 335 (of 376)

Best time in course: 43:28

Rank in category: 13(of 17)

Best time in the category: 48:54