



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Marek, Florian

Club: Kenias Reserveteam
Number: 228

Course: 9.60 km
Sprint

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:32:25

Speed: 5.84 km/h
Running performance: 9:38 min/km

Rank in course/Total: 483 (of 550)

Rank in course/Men: 348 (of 376)

Best time in course: 43:28

Rank in category: 53(of 59)

Best time in the category: 54:10