



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Hanschke, André

Club: Kernkraft Gera
Number: 1093

Course: 17.60 km
Expert

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:00:12

Speed: 8.49 km/h
Running performance: 6:50 min/km

Rank in course/Total: 196 (of 528)

Rank in course/Men: 183 (of 449)

Best time in course: 1:17:47

Rank in category: 27(of 55)

Best time in the category: 1:23:41