



Helbing King of Cross  
Mühlberg / 30.10.2016

## Detailed evaluation

Schröder, Jana

Club: Copacabana-Läuferinnen  
Number: 1140

Course: 17.60 km  
Expert

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 2:02:12

Speed: 8.35 km/h  
Running performance: 6:56 min/km

Rank in course/Total: 221 (of 528)

Rank in course/Women: 16 (of 79)

Best time in course: 1:35:01

Rank in category: 1(of 8)

Best time in the category: 2:02:12