



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Meyer, Christine

Club: HELBING

Number: 430

Course: 9.60 km

Sprint

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 1:32:32

Speed: 5.84 km/h

Running performance: 9:38 min/km

Rank in course/Total: 490 (of 550)

Rank in course/Women: 138 (of 174)

Best time in course: 53:53

Rank in category: 22(of 30)

Best time in the category: 1:04:32