



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Köcher, Mathias

Club: Bodycross Gotha
Number: 69

Course: 9.60 km
Sprint

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:01:22

Speed: 9.39 km/h
Running performance: 6:23 min/km

Rank in course/Total: 67 (of 550)

Rank in course/Men: 64 (of 376)

Best time in course: 43:28

Rank in category: 12(of 57)

Best time in the category: 49:42