



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Bauer, Sandro

Club: Ronin Thais Sonneberg
Number: 1311

Course: 17.60 km
Expert

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:00:54

Speed: 8.44 km/h
Running performance: 6:52 min/km

Rank in course/Total: 204 (of 528)

Rank in course/Men: 191 (of 449)

Best time in course: 1:17:47

Rank in category: 39(of 97)

Best time in the category: 1:19:26