



Helbing King of Cross  
Mühlberg / 30.10.2016

## Detailed evaluation

**Modrzenski, Janine**

Club: schokocrossies  
Number: 325

Course: 9.60 km  
Sprint

Category:  
Frauen (20-29 Jahre)

Total time: 1:32:39

Speed: 5.83 km/h  
Running performance: 9:39 min/km

Rank in course/Total: 493 (of 550)  
Rank in course/Women: 140 (of 174)  
Best time in course: 53:53

Rank in category: 40(of 53)  
Best time in the category: 59:48