



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

albrecht, stefan

Club: waltershausen OT schwarzhausen
Number: 1598

Course: 17.60 km

Expert

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:59:58

Speed: 8.50 km/h

Running performance: 6:49 min/km

Rank in course/Total: 193 (of 528)

Rank in course/Men: 180 (of 449)

Best time in course: 1:17:47

Rank in category: 12(of 28)

Best time in the category: 1:24:41