



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Schlauraff, Nadine

Club: schokocrossies
Number: 327

Course: 9.60 km
Sprint

Category:
Frauen (20-29 Jahre)

Total time: 1:33:33

Speed: 5.77 km/h
Running performance: 9:44 min/km

Rank in course/Total: 501 (of 550)
Rank in course/Women: 143 (of 174)
Best time in course: 53:53

Rank in category: 43(of 53)
Best time in the category: 59:48