



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Gürtler, Ekkehard

Club: Outdoor Bodymovement
Number: 1278

Course: 17.60 km

Expert

Category:

Senioren M45 (45-49 Jahre)

Total time: 2:00:34

Speed: 8.46 km/h

Running performance: 6:51 min/km

Rank in course/Total: 202 (of 528)

Rank in course/Men: 189 (of 449)

Best time in course: 1:17:47

Rank in category: 20(of 48)

Best time in the category: 1:32:16