



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Seyfarth, Anja

Club: Überholen ohne Einzuholen
Number: 624

Course: 9.60 km
Sprint

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 1:35:16

Speed: 5.67 km/h
Running performance: 9:55 min/km

Rank in course/Total: 510 (of 550)

Rank in course/Women: 148 (of 174)

Best time in course: 53:53

Rank in category: 25(of 30)

Best time in the category: 1:04:32