



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Birzele, Sandra

Club: Gutenberg Gymnasium Erfurt
Number: 234

Course: 9.60 km
Sprint

Category:
weibliche Jugend U20 (18-19 Jahre)

Total time: 1:39:21

Speed: 5.44 km/h
Running performance: 10:21 min/km

Rank in course/Total: 534 (of 550)

Rank in course/Women: 164 (of 174)

Best time in course: 53:53

Rank in category: 3(of 5)

Best time in the category: 1:07:31