



Helbing King of Cross  
Mühlberg / 30.10.2016

## Detailed evaluation

**Heineck, Chris**

Club: Sportlerschmiede-HalbeLunge-Ilmenau  
Number: 54

Course: 9.60 km  
Sprint

Category:  
Männer (20-29 Jahre)

Total time: 1:01:30

Speed: 9.37 km/h  
Running performance: 6:25 min/km

Rank in course/Total: 70 (of 550)

Rank in course/Men: 67 (of 376)

Best time in course: 43:28

Rank in category: 19(of 94)

Best time in the category: 43:28