



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Breithaupt, Uwe

Club: Lauf-Masche
Number: 119

Course: 9.60 km
Sprint

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:01:43

Speed: 9.33 km/h
Running performance: 6:26 min/km

Rank in course/Total: 73 (of 550)

Rank in course/Men: 70 (of 376)

Best time in course: 43:28

Rank in category: 14(of 57)

Best time in the category: 49:42