



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Grosch, Doreen

Club: NightRun Coburg RunningTeam
Number: 525

Course: 9.60 km
Sprint

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 1:34:47

Speed: 6.08 km/h
Running performance: 9:52 min/km

Rank in course/Total: 509 (of 550)
Rank in course/Women: 147 (of 174)
Best time in course: 53:53

Rank in category: 24(of 30)
Best time in the category: 1:04:32