



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Albrecht, Susanne

Club: eisenach
Number: 61

Course: 9.60 km
Sprint

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 1:38:31

Speed: 5.85 km/h
Running performance: 10:16 min/km

Rank in course/Total: 529 (of 550)
Rank in course/Women: 161 (of 174)

Best time in course: 53:53

Rank in category: 19(of 20)
Best time in the category: 1:02:43