



Helbing King of Cross  
Mühlberg / 30.10.2016

## Detailed evaluation

Kalkuhl, Stephan

Club: HELBING

Number: 1402

Course: 17.60 km

Expert

Category:

Senioren M30 (30-34 Jahre)

Total time: 2:04:30

Speed: 8.48 km/h

Running performance: 7:04 min/km

Rank in course/Total: 237 (of 528)

Rank in course/Men: 219 (of 449)

Best time in course: 1:17:47

Rank in category: 46(of 97)

Best time in the category: 1:19:26