



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Morgenweck, Sebastian

Club: Überholen ohne Einzuholen
Number: 575

Course: 9.60 km
Sprint

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:37:44

Speed: 5.53 km/h
Running performance: 10:11 min/km

Rank in course/Total: 522 (of 550)

Rank in course/Men: 365 (of 376)

Best time in course: 43:28

Rank in category: 57(of 59)

Best time in the category: 54:10