



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Schumacher, Lars

Club: AC Apolda
Number: 1029

Course: 17.60 km
Expert

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:11:19

Speed: 7.77 km/h
Running performance: 7:28 min/km

Rank in course/Total: 299 (of 528)

Rank in course/Men: 277 (of 449)

Best time in course: 1:17:47

Rank in category: 65(of 101)

Best time in the category: 1:23:03