



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Fritz, Thomas

Club: Erfurt
Number: 1476

Course: 17.60 km
Expert

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:07:18

Speed: 8.30 km/h
Running performance: 7:14 min/km

Rank in course/Total: 267 (of 528)

Rank in course/Men: 248 (of 449)

Best time in course: 1:17:47

Rank in category: 29(of 48)

Best time in the category: 1:32:16