



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Jahn, Yvonne

Club: Tough enough Saalfeld
Number: 1037

Course: 17.60 km
Expert

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 2:11:34

Speed: 7.75 km/h
Running performance: 7:29 min/km

Rank in course/Total: 304 (of 528)

Rank in course/Women: 23 (of 79)

Best time in course: 1:35:01

Rank in category: 5(of 11)

Best time in the category: 1:52:05