



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Berndt, Jan

Club: Ense

Number: 1212

Course: 17.60 km

Expert

Category:

Männer (20-29 Jahre)

Total time: 2:09:39

Speed: 7.87 km/h

Running performance: 7:22 min/km

Rank in course/Total: 287 (of 528)

Rank in course/Men: 265 (of 449)

Best time in course: 1:17:47

Rank in category: 63(of 108)

Best time in the category: 1:17:47