



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Wich, Marcel

Club: Laufladen Erfurt - OCR Team
Number: 1496

Course: 17.60 km

Expert

Category:

Senioren M40 (40-44 Jahre)

Total time: 2:09:31

Speed: 7.88 km/h

Running performance: 7:22 min/km

Rank in course/Total: 286 (of 528)

Rank in course/Men: 264 (of 449)

Best time in course: 1:17:47

Rank in category: 37(of 55)

Best time in the category: 1:23:41