



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Kühn, Henry

Club: Koma Gera OCR
Number: 1085

Course: 17.60 km
Expert

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:47:47

Speed: 9.80 km/h
Running performance: 6:07 min/km

Rank in course/Total: 102 (of 528)

Rank in course/Men: 99 (of 449)

Best time in course: 1:17:47

Rank in category: 17(of 97)

Best time in the category: 1:19:26