



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Wonneberger, Lars

Club: WonneBeasts
Number: 1229

Course: 17.60 km
Expert

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:12:45

Speed: 7.68 km/h
Running performance: 7:32 min/km

Rank in course/Total: 318 (of 528)

Rank in course/Men: 293 (of 449)

Best time in course: 1:17:47

Rank in category: 70(of 101)

Best time in the category: 1:23:03