



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Nossmann, Kai

Club: Sportgruppe FA/UA Btl1 Sondershausen
Number: 1220

Course: 17.60 km

Expert

Category:

Männer (20-29 Jahre)

Total time: 2:14:43

Speed: 7.57 km/h

Running performance: 7:39 min/km

Rank in course/Total: 337 (of 528)

Rank in course/Men: 309 (of 449)

Best time in course: 1:17:47

Rank in category: 75(of 108)

Best time in the category: 1:17:47