



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Kamp, Olaf

Club: Forrest Gump
Number: 1153

Course: 17.60 km
Expert

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:46:27

Speed: 9.92 km/h
Running performance: 6:03 min/km

Rank in course/Total: 90 (of 528)

Rank in course/Men: 87 (of 449)

Best time in course: 1:17:47

Rank in category: 7(of 28)

Best time in the category: 1:24:41