



Helbing King of Cross  
Mühlberg / 30.10.2016

## Detailed evaluation

**Kamp, Olaf**

Club: Forrest Gump  
Number: 1153

Course: 17.60 km  
Expert

Category:  
Senioren M50 (50-54 Jahre)

Total time: 1:46:27

Speed: 9.58 km/h  
Running performance: 6:03 min/km

Rank in course/Total: 90 (of 528)

Rank in course/Men: 87 (of 449)

Best time in course: 1:17:47

Rank in category: 7(of 28)

Best time in the category: 1:24:41