



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Rattmann, Ellen

Club: Die glibbrigen Schlammteufel
Number: 1132

Course: 17.60 km

Expert

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 2:16:32

Speed: 7.47 km/h

Running performance: 7:46 min/km

Rank in course/Total: 359 (of 528)

Rank in course/Women: 33 (of 79)

Best time in course: 1:35:01

Rank in category: 2(of 4)

Best time in the category: 1:58:06