



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Simon, Sandra

Club: Harzer Kreuzritter
Number: 1170

Course: 17.60 km
Expert

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 2:13:03

Speed: 7.67 km/h
Running performance: 7:34 min/km

Rank in course/Total: 324 (of 528)

Rank in course/Women: 26 (of 79)

Best time in course: 1:35:01

Rank in category: 5(of 22)

Best time in the category: 1:35:01