



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Rehwald, Nicole

Club: Cool Runnings Kamsdorf
Number: 1074

Course: 17.60 km

Expert

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 2:16:59

Speed: 7.45 km/h

Running performance: 7:47 min/km

Rank in course/Total: 362 (of 528)

Rank in course/Women: 34 (of 79)

Best time in course: 1:35:01

Rank in category: 7(of 17)

Best time in the category: 1:35:34